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| EYFS | **Word box:** friendship, kindness, happy, sad, shy, feelings, lonely, sorry, angry, family, mummy, daddy, dress, undress, clean, smelly, flannel, sponge, towel, hands, toothpaste, toothbrush, hairbrush, comb |
| **Relationships** | **Body** |
| * Understand some areas in which the children can look after themselves e.g. dressing and undressing * To recognise the importance of friendships. * Learning to share with friends and family   Resources: Christopher Winter Lesson 1: caring friendships  The new small person by Lauren Child  Big Friends by Sarah Davies.  Elephant learns to share by Sue Graves  Giraffe is left out by Sue Graves  Friendship is like a Seesaw by Shona Innes  Be a Friend by Salina Yoon.  The Giving Tree by Shel Silverstein  The Colour Monster by Anna Llenas   To recognise the importance of saying sorry and forgiveness Resources: Christopher Winter Lesson 2: being kind   * Identify different members of the family * Understand how members of a family can help each other   Resources : Luna loves library day by Joseph Coelho  - A Family is like a Cake by Shona Innes  - Bible Stories | * Explain why it is important to keep clean * Understand some basic hygiene routines   Resources: OLD Christopher Winter – Lesson 2: Keeping Ourselves Clean  Smelly Peter by Steve Smallman |

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| **Year 1** | **Word box:** clean, similar, different, family, mum, dad, brother, sister, grandma, grandad, stepmum, stepdad, foster mum, foster dad, fostering, adoption, boy, girl, male, female, private, private parts, penis, testicles, vagina |
| **Relationships** | **Body** |
| * To know who their family are    To know how their family are similar/different to other families  Resources: The Family Book by Todd Parr  Who’s in a family By R. Skutch  Christopher Winter Yr Reception lesson 3  Christopher Winter Lesson 3: families and care   To know who they should look after Resources: Christopher Winter Lesson 2: growing and changing   * Know who to talk to and who to ask for help. | * Know how to keep clean and look after themselves. * Resources: OLD Christopher Winter – Lesson 1: Keeping Clean * Morris the mankiest monster by Giles Andreae   *Progression from EYFs & linked to yr1 science-correct vocabulary for body parts.* .   * To use correct names for different parts of the body * To know which parts of the body are private * Know the difference between boys and girl babies. * Understand that babies become children and then adults * Resources-(Safeguarding) NSPCC Pants see website |

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| **Year 2** | |  | | --- | | **Word box:** similar, different, sex, gender roles, stereotypes, boy, girl, male, female, private, private parts, penis, testicles, vagina | |
| **Relationships** | **Body** |
| * To talk about what their family means to them * Resources: A chair for my mother by Vera Williams (Story Project) * Ravi’s Roar by Tom Percival (Story Project) * To talk about what they like about themselves and their friends * Giraffes Can’t Dance by Giles Andreae * I am Special by Max Lucado * Conker the Chameleon by Hannah Peckham * Ruby’s Worry by Tom Percival * Meesha Makes Friends by Tom Percival * Perfectly Norman by Tom Percival * To understand and challenge the fixed ideas that some people have about what boys and girls can do * Amazing Grace, Mary Hoffman & Caroline Birch * Princess Pigsty by Cornelia Funke & Kerstin Meye * The Girl with a Book (Wonderbook) * Munni’s Rooftop School (Wonderbook) * Rosie Revere Engineer by Angela Beatty * Ada Twist Scientist by Angela Beatty | *Complementary to Yr2 science & progression from yr 1*   * To use correct names for different parts of the male and female body    To describe the differences between boys and girls. Describe the difference between male and female babies. Christopher Winter lesson 2   To know which parts of the body are private and keeping safe.  Resources: The Pantosaurus Book By NSPCC  Aliens Love Underpants by Claire Freedman (Story Project)  Christopher Winter Lesson 1: Differences Christopher Winter Lesson 3: Naming Body Part   * Understand that making a new life needs a male and a female (animals) Christopher Winter lesson 2 & Living and Growing unit 1 prog 1 |

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| **YEAR 3** | **Word box:** stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vagina, uterus. |
| **Relationships** | **Body** |
| * To explain how their relationships have changed as they grow up. * To explore why friendships change and how to make up with their friends when they fall out. * Identify different types of touch that people like and do not like. (Sum 2 CW lesson 2 personal space and touch.) * Talk about ways of dealing with unwanted touch. (Sum 2 CW lesson 2 personal space and touch.) * Understand personal space (Sum 2 CW lesson 2 personal space and touch.) * To understand our personal identity. e.g. who we are – faith, family, gender, culture, hobbies & that all families are different and have different family members. (Sum 2 CW lesson Family differences.) * Also CW : Challenging Gender Stereotypes lesson Sum 1 (various resources). * Ossiri and The Bala Mengro by Richard O'Neill and Katharine Quarmby * Identify who to go to for help and support. (CW lesson on personal space and touch and lesson Under Pressure about safety and decision making.) Christopher Winter lesson 2 personal space and touch. * Christopher Winter lesson 3 family differences * [www.childline.org.uk](http://www.childline.org.uk). | *Recap KS1 names for male/female body parts using agreed words & know some differences and similarities between males and females.*   * To understand how their body has changed since being a baby * To understand the similarities and differences between boys and girls * To explore how bodies are different and that this is okay.   Resources: Christopher Winter Lesson 1: Male and Female Differences (Sum 1)  Cinderella’s Bum by Nicholas Allan  (Christopher Winter yr 2 lesson 3 as a resource for body parts activity.)  www.fpa.org.uk/Shop |

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| **Year 4** | **Word box:** stereotypes, gender roles, similar, different, male, female, penis, testicles, vagina, uterus, wet dreams, menstruation, periods, puberty, sperm, egg, relationships, healthy and unhealthy relationships. |
| **Relationships** | **Body** |
| * To explore how to be a good friend and healthy relationships * To explore why some people treat each others badly   Resources: Christopher Winter Lesson 3: Healthy Relationships  This is my moose by Oliver Jeffers.  Penguin Pig by Stuart Spendlow *(online behaviour.)*  The Proudest Blue by Ibtihaj Muhammad – *Explores in the context of bullying people who are different to oneself and being proud of your cultural heritage.*  I Dare You by Reece Wykes- *Explores in the context of peer pressure.*   To discuss why some parents are married and others are not.  Resources: posters – different families, same love    What is gender and what is your sex and how it may not correspond with biological sex? Explored within the context of dignity, tolerance and respect for all God’s children within the modern world. Resources: Red by Michael Hall- *Explores being true to yourself and your identity:* Dignity, tolerance and respect. | * To recap body part names and similarities and differences between boys and girls. Discuss male and female body parts using agreed words. * Life cycles – to know how we grow and change from a baby to elderly person and that the time from becoming a child to a teenager is called puberty    Understand that children change into adults so that they are able to reproduce.   * Describe the body changes that happen when a child grows up, why the body changes during puberty & know that each person experiences puberty differently. * Know about some of the physical and emotional changes that happen in puberty (including an introduction to menstruation)   Resources: Christopher Winter Lesson 1: Changes & Lesson 2: What Is Puberty?  Theo’s Mood by Maryann Cocca-Leffler |

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| **Year 5** | **Word box**: stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vulva, vagina, uterus, hormones, breasts, wet dreams, relationships, adoption, fostering, menstruation , periods, homosexual, heterosexual |
| **Relationships** | **Body** |
| * To discuss what love is * To explore how we show love towards each other.   Resources: Mum and Dad Glue by Kes Gray.   To explore why families are important for having babies and bringing them up – including different family types.   What is gender and what is your sex and how it may not correspond with biological sex? Explored within the context of dignity, tolerance and respect for all God’s children within the modern world.  Julian is a Mermaid by Jessica Love  Amazing Grace by Mary Hoffman and Caroline Binch   To explore what the words heterosexual and homosexual mean and the different marriages and partnership.  The Wedding Week by Chimaechi Allan.  The Great Big Book of Families by Mary Hoffman and Ros Asquith. | * Describe the changes as humans develop to old age. * Pupils should find out about different types of reproduction, including sexual reproduction in animals. * To know what puberty is and understand and describe some of the changes that happen during puberty particularly from age 9 through to age 13, including physical and emotional changes. * To know how boys’ and girls’ bodies change during puberty and at what age. * Understand how puberty affects the reproductive organs * To know how personal hygiene routines change during puberty and how to look after their body during puberty. * Children should be able to ask questions about puberty with confidence * Describe how to manage physical and emotional changes * Know how to get help and support during puberty. * To explore in menstruation issues in greater detail. * To explore if there is a ‘normal’ body type * Resources: Lovewise Scheme of work   Hair in Funny places Babette Cole.  Christopher Winter Year 5 Lesson 1: Talking About Puberty Christopher Winter Year 5 Lesson 2: The Reproduction System <https://kidshealth.org/en/teens/menstruation.html>  The boy who grew flowers by Jen Wojtowicz  Christopher Winter Year 5 Lesson 3: Puberty  OLD Christopher Winter Year 5 Lesson 3 – Puberty & Hygiene  nline resources:  Can puberty affect your head as well as your body? - Rise Above video <https://riseabove.org.uk/article/can-puberty-affect-your-head-as-well-as-your-body/>  Welcome to the period party! - Rise Above – Quiz <https://riseabove.org.uk/article/welcome-to-the-period-party/>  Rise Above video – Growing Up  <https://riseabove.org.uk/article/kickthepj-talks-about-growing-up/>  Rise Above video – Jimmy Investigates Puberty  <https://riseabove.org.uk/article/jimmy-investigates-puberty/> |

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| **Year 6** | **Word box:** womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, reproduction, twins, fostering, adoption, IVF, relationship, friendship, consent, intimacy, communication, birth, image, (including online and issues with social media etc..) |
| **Relationships** | **Body** |
| * To explore positive and negative ways of communicating in a relationships and the importance of communication and respect in relationships.   Resources: Christopher Winter Lesson 2: Communication in Relationships   * To describe the decisions that have to be made before having a baby and know what the skills involved in looking after a baby are * To Identify some of the skills and qualities needed to be a parent and carer * Understand the variety of ways in which parents and carers meet the needs of babies and children * Recognise that both men and women can take on these roles and responsibilities * To explore peer pressure and ways to manage it   Resources: Christopher Winter Lesson 3: Families, Conception & Pregnancy  Flour Babies by Anne Fine.   * Discuss diff­erent types of adult relationships with confidence * Know what form of touching is appropriate    To explore what the word transgender means   To know that people may be attracted to someone emotionally, sexually or romantically and that person may be of the same or different gender. Emphasise the importance of dignity, tolerance and respect within a relationship whatever that relationship may be.  OLD Christopher Winter Year 6 Lesson 2 – Understanding Relationships   * To have considered when it is appropriate to share personal/private information in a relationship (including online.) * To know how and where to get support if an online relationship goes wrong. * **RE**: What does the bible say about friendships and relationships? Cain & Abel, Ruth and Naomi etc | * Describe how and why the body changes during puberty in preparation for reproduction * Explore elements of puberty in greater depth: physical and emotional. * Talk about puberty and reproduction with confidence * To describe how the body changes during puberty ready for reproduction * To know about the process of reproduction and birth as part of the human life cycle: how babies are conceived (including same sex couples e.g. IVF, adoption etc.). * Know some basic facts about pregnancy and conception * To know what form of touching is appropriate.   Living and Growing resources Channel 4  <http://www.bbc.co.uk/education/clips/zv2w2hv>  <http://www.educationquizzes.com/ks2/personal-social-and-health-education/hygiene/>    <http://www.cyh.com/HealthTopics/HealthTopicDetailsKids.aspx?p=335&np=289&id=2146>  <http://www.bbc.co.uk/education/clips/zwvnvcw>  Resources: Christopher Winter Lesson 1: Puberty & Reproduction  Where Willy Went by Nicholas Allen  Where Did I Come From ? by Peter Mayle  What’s Happening to Me? – Usborne  Hair in Funny Places – Babette Cole  Made With Love – Kate Petty |