











Are you a **Home Explorer**?

- Can you follow a recipe to create a favourite dish.
- Have a go at making butter! Get some double cream and mix it until it separates!









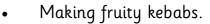


Keep a food journal. What do you eat over a week?



What is the science in our food?

Wow moments



- What makes "teeth" decay? Testing eggshells.
- Making "poo"



Time to celebrate!

- Creating healthy smoothies.
- Revolting recipes.



Expert knowledge:

- Some popular drinks can contain up 9 cubes of sugar in one can!
- In 2018, a sugar tax was introduced for drinks.
- The average person produces 2 pints of saliva every day.
- Teeth are the hardest substance in the body but cannot self-repair
- Strawberries are not actually a berry, but bananas are!
- It takes between 24 and 72 hours for food that we eat to pass through our whole digestive system



English:

- The key features of instructional texts.
- How to read and follow instructions.
- To use imperative verbs, passive voice, sequencing, technical vocabulary and connectives related to chronology and determiners.
- Georges' Marvellous Medicine: inference, comprehension, character study and author's use of language.

Science:

- About teeth and digestion
- What different food groups are and how to eat a balanced diet

PE:

- To improve skills of fitness: Running, throwing, jumping, refine basic technique by emphasis on accuracy, time, measurement, length, distance.
- Skills around invasion games through hand ball.

Design & Technology & PSHCE:

- Healthy eat well plate
- How much sugar is in our food
- Food labelling and packaging
- About food intolerances and food allergies
- Micro-allergens.
- Food safety and cross contamination.
- Following recipes and creating healthy smoothies

What is the science in our food?

Maths:

- To solve problems related to addition and subtraction
- To recognise equivalent fractions, as well as to add and subtract them.
- Decimals and decimal equivalences.

Computing:

Coding, using 'Light Bot'

Music:

• To play the trombone

Spanish:

- Say the nouns in Spanish for members of their family.
- Tell someone in Spanish the name and age of a fictious family.

Geography:

- Where our food comes from.
- Food labelling
- Environmental impact of food miles and different types of packaging.

RE:

About the 5 pillars of Islam.

How a mosque can help us to understand the Muslim faith.

Art:

- To explore artwork in the style of *Giuseppe Arcimboldo* and *Christopher Boffoli*.
- To create 3D model s Paper Mache food.